



Western Region Umpire School

Little League - Junior League - Senior League - Big League - Challenger Division



CONCENTRATION

VULNERABLE SPOTS FOR AN UMPIRE TO LOSE CONCENTRATION

1. First inning... pitcher struggles, you do too. Not mentally prepared.
2. Two outs in an inning...Cruising along.
3. After a close play...Refocus.
4. After an argument/ejection...Your mind is somewhere else.
5. After a pitching change...Break in the action.
6. After a big inning...Lose intensity, lose concentration.
7. After a great or bad call...Thinking about that last call.
8. During threatening weather...Stay focused, concentrate.
9. After a rain delay or long delays...Start over mentally prepared.

NEVER UNDERESTIMATE THE IMPORTANCE OF YOUR LAST

CALL OR THE IMPORTANCE OF YOUR NEXT CALL!!!!!!!

“It’s What You Learn After You Know It All That Counts.”